

The Alternatives to Violence Project WA Inc. is a non-religious, not-for-profit organisation which has run workshops in Perth since 1994. This is an international programme based on over 30 years of experience. We conduct workshops for members of all communities to help participants discover new and creative ways of responding to conflict situations and build community. Participants find strengths and skills within themselves that will enable them to deal with future conflict or potentially violent situations in a more positive manner.

The Basic Workshop covers themes such as: Affirmation, Communication, Co-operation, Community Building, Trust and Conflict Resolution. Discussions and exercises and exercises address methods of harm prevention of self and others whether it be physical or emotional.

All who have completed a Basic course are invited to participate in an Advanced level. At this workshop, the participants choose, by consensus, the topic which they want the second day of the programme to develop. Some common themes explored are: Fear, anger, Communication Stereotyping, Power and Powerlessness and Forgiveness.

There is then a third course in which people can train to become facilitators.

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## **BASIC WORKSHOP FOR MEMBERS OF THE GLBTI COMMUNITY**

When Saturday 21 and Sunday 22 July 2012. 9 am – 5.30 pm each day.

- Where Relationships Australia, Crn Southport St and Cambridge St, West Leederville
- Cost \$40 unwaged, or by negotiation \$80 waged.

Please complete form below and post it to:

Elizabeth Brennan 4/4 Maybole Crt, Greenwood 6024 <u>or</u> telephone or email to book your place Tel: 9243 3946 email: <u>ebrennan@people.net.au</u>

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## I would like to attend the Basic Workshop for members of the GLBTI Community

Name			
Address		Postcode	
Daytime Phone	Evening Phone	Mobile Phone	
Email Address			

I enclose \$\_\_\_\_\_ (cheques to AVP WA)

Bank details for direct debit: Westpac St. George's Tce Perth BSB 036-009 A/C no 17-7368